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**Organised by Lea Rowing Club (under ARA rules)  
Sunday 31 August 2008**

**Entries are invited from Men, Women, Juniors and Veterans  
in all scull and sweep events\*\***

**Mixed Events and doubling up welcome\***

**Entry fee**

£8.00 per seat (excluding coxswains) with entry.  
Cheques payable to **Lea Rowing Club** please.

**Prizes**

Pewter Tankards

**Course**

**600m** downstream (Novice Bend to club house) - **stake boat start**

**Boating**

Will be in divisions from the club house  
Trailer and car parking will be available in car park & sports field behind the club house and accessed from Spring Hill.

**Entries** on ARA Forms by post or email to:

Regatta Secretary  
Lea Rowing Club  
The Boathouse  
Spring Hill  
London  
E5 9BL

Phone: Sally Lawrence 0774 086 1313  
Email: [sally.lawrence@btinternet.com](mailto:sally.lawrence@btinternet.com)

Enquiries to above.

**Close**

8pm, Saturday 23 August 2008

**Draw**

Will be made Tuesday 26 August 2008.  
Please provide e-mail address for draw. Alternatively this will be posted to address on entry form.

\*\*We reserve the right to move crews to the next status to make an event. Please let us know if you are not prepared to compete at a higher status, younger age group (if Veteran), or at an older age group (if Junior). Eights races, if any, may be shortened and in that case will be *free start*.

\* We accept doubling up wherever possible/timetable allows. Please ensure this is clearly marked on entry summary.

If we have an entry for an event we will attempt to match it.

Events will only be run if there are sufficient entries for that event.